



BACK TO SCHOOL WITH GREAT HARVEST

Start your kids off right this school year. Our bread is a tremendous source of "Brain Food". We grind our flour fresh each day so our bread has more nutrients & complex carbohydrates that feed energy to the brain and body all day long!

Enjoy the health & flavor benefits of fresh stone-milled wheat!

Feature Items:

- Yogurt Parfaits-w/ Strawberries & Granola
- No-Bake Cookies

SANDWICH SPECIAL

Pimento Cheese BLT

Scratch-made from blocks of Sharp Cheddar, Bacon, Lettuce & Local Tomatoes.

- Try it on Toasted Sourdough or Sundried Tomato Swiss Bread.
- Substitute Ham for variety !!

54 - Location / Hours

4431 Springhill Dr. (out Hwy 54)
(270) 240-5554
M - F 6a - 8p / Sat 7a - 6p

3211 Frederica Street

(270) 691-0093
M - F 6:30a—6:30p / Sat 7a - 5p

HOT BREADS OUT OF OVEN 10AM- NOON

♥ denotes 100% whole wheat
*more than 50% whole wheat

EVERYDAY BREADS:

Honey Whole Wheat ♥
Farmhouse White
Cinnamon & Pecan Swirls
San Francisco Sourdough
Cranberry Orange
Sundried Tomato Swiss
Herb Focaccia

EVERYDAY SWEETS:

Scones, Muffins, Cookies
Brownies, No-Bake Cookies

MONDAY

BUTTER PECAN BREAD SNICKERDOODLE BREAD

Woodstock ♥
Harvest Blend *
Pumpernickel Rye*

TUESDAY

STRAWBERRY SHORTCAKE BREAD

Health Nut
Spinach Feta

WEDNESDAY

Savannah Bars HUMMINGBIRD BREAD

Harvest Blend *
Dakota ♥

THURSDAY

Kahuna Bars CHOCOLATE BROWNIE BREAD

LEMON BREAD
Pumpernickel Rye*
"Wild Card" Bread

FRIDAY

Cinnamon Rolls Lemon Bars PEACHES 'N CREAM BREAD

ZUCCHINI BREAD
Harvest Bend *
Dakota ♥
Cinnamon Chip

SATURDAY

Cinnamon Rolls
"Bread Man's Choices"