



Great Harvest Salads

Dressings: House, Buttermilk Ranch,
Light Italian

Fat Free Options: Dijon Honey Mustard,
French, Raspberry Vinaigrette, & Ranch

Harvest Salad- Romaine Lettuce, Cherry Tomatoes, Carrots, Egg &
Homemade Great Harvest Croutons.....\$5

Baker's Salad- Romaine Lettuce, Black Forrest Ham, Turkey,
Shredded Cheddar Cheese, Cherry Tomatoes, Carrots,
Egg & Homemade Great Harvest Croutons.....\$7.25

Strawberry or Cranberry & Spinach Salad- Baby Spinach Leaves,
Fresh Strawberries or Dried Cranberries (seasonal),
Sweet & Spicy Pecans, Feta Crumbles, Raspberry
Vinaigrette or our House Dressing\$6.50

Groovy Granola & Yogurt Parfaits- Our fresh made Groovy Granola,
Fresh Strawberries and 99%fat free Vanilla Yogurt\$3.49

BREAKFAST BISCUIT SANDWICHES:

Scratch-made buttermilk savory biscuits,
Egg with Cheese & Sausage, Ham or Bacon
(Or try your favorite grilled bread) - \$4.50

Kids Meal* (12* & Under Please)

Half Sandwich—All natural Peanut Butter & Grape all fruit spread
sandwich, Grilled cheddar cheese sandwich, Ham or Turkey;
Chips or Applesauce;; Milk (or small fountain Drink)
& your choice of Cookie.....\$5



Lunch Menu

Serving Any Sandwich

from Open until Close

Mon.- Fri. 6:30a -6:30p

Sat. 7a -5p

Closed on Sundays

(270) 691-0093

Fax (270) 691-0608

www.greatharvestowensboro.com

To better serve you, we recommend that large orders
be called 24 hours in advanced. However, we will
always strive to accommodate your needs.
For catering, please call before 10am or after 2pm.

SOUP & HALF SANDWICH - CLASSIC \$6.50 - SIGNATURE \$7.25

Classic Sandwiches

Pimento Cheese - Scratch-made like Mom's - we use blocks of sharp cheddar and roasted red peppers; your choice of toppings & bread. **\$6.50 Half \$3.75**

Ham & Cheese - Black Forest Ham from Little Kentucky Smokehouse, your choice of cheese & toppings on your favorite bread. **\$6.50 Half \$3.75**

Turkey & Cheese - Oven roasted turkey breast, your choice of cheese & toppings on your favorite bread. **\$6.50 Half \$3.75**

Roast Beef - Sliced roast beef, your choice of cheese & toppings on your favorite bread. **\$6.75 Half \$3.75**

Great Harvest Club-Turkey, Black Forest Ham, Bacon, your choice of cheese & toppings to create your own version of this classic sandwich. **\$7.50 Half \$4.50**

BLT (served hot) - Crispy Bacon, tomatoes, Romaine lettuce, mayo, salt & pepper toasted on your favorite bread. **\$6.50 Half \$3.75**

Chicken Salad -"Locally World Famous" - Chunks of all white chicken, sweet & spicy pecans, seasoned mayo with your choice of toppings & bread. **\$6.75 Half \$3.75**

Gourmet Tuna -White Albacore chunk tuna, seasoned mayo with your choice of toppings on your favorite bread. **\$6.50 Half \$3.75**

Harvest Vegetarian - Artichoke hearts, Provolone & cheddar cheeses, avocado spread, hummus, Romaine lettuce, tomato, red onions, banana pepper rings on your favorite bread. **\$6.75 Half \$3.75**

Buffalo Chicken - Chunks of all white chicken marinated in buffalo sauce, Romaine lettuce, tomato & red onion with your choice of Ranch or Blue Cheese dressing, heated and toasted on sourdough bread. **\$6.75 Half \$3.75**

Peanut Butter & Jelly - Great Harvest's healthy version of this classic sandwich. All Natural Peanut Butter & No Sugar Added Fruit Spread on your favorite bread **\$3.50 Half \$2**

**WHY IS THIS SANDWICH SO GOOD?
IT'S THE BREAD!**

We grind the best Montana wheat right here in our bakery, using the whole kernel to preserve all the nutrients...bringing you the freshest possible flour for the most phenomenal whole grain breads!
It doesn't get any fresher than that!

DAILY BREAD CHOICES INCLUDE: Honey Whole Wheat; Farmhouse White; San Francisco Sourdough; Harvest Blend; Pumpernickel Rye; Focaccia and our House Specialties—Sun-dried Tomato Swiss or Cranberry Orange bread. Try these toasted on the Grill!



Please place Orders of 10 or more before 10 am,
for everyone's convenience

SIGNATURE SANDWICHES

Baja Chipotle Turkey - Turkey, Pepper Jack cheese, Chipotle Greek Yogurt spread, avocado spread, tomato, thinly sliced cabbage & pickled red onions on toasted sourdough bread. **\$7.75 Half \$4.50**

California Cobb (cold)- Turkey, crispy bacon, avocado spread, Romaine lettuce, tomato, red onion with bleu cheese spread on Honey Whole Wheat bread. **\$7.75 Half \$4.50**

Muffuletta (served hot)-A New Orleans Classic -Ham, Pepperoni, Salami, Provolone cheese, Olive tapenade, garlic herb spread, banana peppers, steamed & toasted on Focaccia bread. **\$7.75 Half \$4.50**

Turkey & Pepper Jack Panini (served hot)- Turkey, Pepper Jack cheese, roasted onions & peppers, Romaine lettuce, tomato, red onion with chipotle mayo on Focaccia bread. **\$7.75 Half \$4.50**

Smokehouse Grilled Cheese (served hot)- Pulled Pork, crispy bacon, melted Swiss & cheddar cheeses, chipotle mayo & BBQ sauce on toasted Sourdough. **\$7.75 Half \$4.50**

Tuscan Chicken Panini (served hot)- Chicken breast, Provolone cheese, Romaine lettuce, tomato, red onion with a sun-dried tomato pesto spread on Focaccia bread. **\$7.75 Half \$4.50**

BBQ Cheddar Chicken Panini (served hot)- Sharp cheddar cheese melted over chicken breast, crispy bacon, Romaine lettuce, tomato, red onion with barbeque sauce on Focaccia bread. **\$7.75 Half \$4.50**

Grilled Chicken Panini (served hot) - Grilled chicken breast, your choice of cheese & toppings on your favorite bread. **\$7.75 Half \$4.50**

Ham & Brie Panini (served hot)- Black Forest Ham, melted Brie cheese, thinly sliced Granny Smith apples, Apricot Honey Dijon spread on toasted Sourdough. **\$7.75 Half \$4.50**

Grilled Cheese Panini (served hot)- A twist on the traditional sandwich- sharp cheddar and Swiss cheeses served with garlic herb spread toasted on your favorite bread. **\$5.75 Half \$3.50**

Red Devil Panini (served hot)-Black Forest Ham, melted Pepper Jack cheese, Romaine lettuce, tomato, red onion & chipotle mayo on toasted Sun-Dried Tomato Swiss bread. **\$7.75 Half \$4.50**

Please allow a couple of extra minutes for the grilled Sandwiches and Panini's. Trust us...they're worth the wait!!!

Call or fax ahead to place your order and we will try to have it waiting for you.

**Make sure YOU have placed YOUR order at the Great Harvest location of
YOUR choice**

**Our Original Frederica St. location 270-691-0093
Or our Hwy 54 location 270-240-5554**